



Distributors of Liturgical Altar Breads Since 1983

The Bellarmine Society

Corpus Domini

Oakville . ON . Canada

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Questions & Answers About Allergies

What are the ingredients of the breads?

- The breads are baked with wheat flour and water only. A trace amount of baking spray is used to ensure that the breads do not stick to the cooking surface. The baking spray contains only wheat germ oil.

Are the breads free of any nut-based contamination?

- The breads are baked with pure flour and water only, thus adhering strictly to the canonical requirements of Rome. There are no nut based products used in the baking process. The manufacturer bakes only breads for church use. They do not bake any other products that are nut based that might come in contact with the baking surface or breads themselves.
- However, it should be noted that neither the manufacturer nor The St. Robert Bellarmine Society can provide a 100% guarantee that the breads have not suffered some nut contamination once the breads leave the manufacturing facility and/or once the breads are shipped from The St. Robert Bellarmine Society as the possibility of cross contamination always exists once the breads are out of our control or once the breads are actually opened. Neither the manufacturer (Cavanagh Company) nor The St. Robert Bellarmine Society assume any liability in the use of the breads sold.

Do you provide gluten-free breads?

- There is a distinction between gluten-free and low-gluten altar breads. **We do supply low-gluten altar breads** in conformity with the "Norms for the Use of Low-Gluten Altar Breads" established by the Vatican's Congregation for the Doctrine of the Faith. **We do not supply gluten-free products or breads** as gluten-free breads do not conform to the requirements of Canon Law and constitute invalid matter for the Sacrament and thus are not permitted for use in the Catholic Liturgy. You may also wish to reference our web site page Questions About Low-Gluten Altar Breads.

What can you suggest for a person who has severe food allergies wishing to receive Holy Communion?

- A person with severe food allergies is permitted to receive Holy Communion from the chalice. Those suffering from celiac disease may avail themselves of low-gluten breads.

These statements are based solely upon information provided by the manufacturer of the altar breads. The St. Robert Bellarmine Society is the distributor, not the manufacturer of the actual breads. There have been no reported allergy related issues regarding the breads in 28 years of distribution. More information is available at our web site located at www.rbellarmine.com

As of February 11, 2013